
Abstract: This article explores the application of neuro-linguistic programming (NLP) as a framework through which to map transformative learning. This is original work that makes use of NLP as a methodology for inquiring into subjective experience. The authors outline issues in the theory of and research into transformative learning, introduce the field of NLP, then describe the research design for the empirical work, a longitudinal case study of a manager reflecting on experiences of organizational change. Themes resulting from the analysis comprise the following three main categories: characteristics of the output, or of the emergent understanding of the learner; characteristics of the person's inner process or journey; and characteristics of the interpersonal process between learner and facilitator. The article illustrates the application of NLP to the field of transformative learning, providing an example of its potential for empirical investigation.

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